Nobby State School

Anaphylaxis Procedures

Contents
1. Lunch Boxes
2. Food from home- other parents
3. Birthday Cakes
4. Eating areas
5. Student awareness
6. Staff training & awareness
7. Curriculum activities
8. Active After School Communities
9. Classroom Resources
1. **Lunch boxes**
   - All students have the right to have packed in their lunchboxes food which each individual parent chooses to pack
   - The school is unable to prohibit nuts or nut related food from student lunchboxes
   - Students are not to share lunchboxes or water bottles at any time

2. **Food from home- other parents**
   - All food provided by parents is prohibited from being brought into the school, without prior permission from the Principal
   - The Principal will collaborate and consult with the parent body, through P&C meetings, with regards to allocated ‘colour’ days (green, amber, red).
   - The Principal will, at times, and with a shared understanding with parents of students with severe allergies, allow food to be brought into the school on occasions e.g. this includes shared lunches and morning teas
   - An ‘incoming food register’ will be kept at the school office and is to be filled out by the Principal, or suitable person delegated by the principal when food is brought into the school by a parent or other source(for consumption by students)
   - All incoming food requires:-
     1. An ingredient list for any incoming food
     2. An ingredient list and the packet mixes of any home made food items

3. **Birthday Cakes**
   - Parents will have the right to bring birthday cakes, or similar, to school when their child or children celebrate a birthday.
   - On these days, students with known allergens will be unable to take part in the celebrating by way of eating the cake brought into the school
   - Parents of children with known allergies to certain foods will be asked by the school if they would like to prepare a food item, that can be kept in the school freezer, to be used on days when a birthday cake comes into the school for a student

4. **Eating areas**
   - All students are to eat in the designated eating areas as set out by school staff unless;
     - They have nut foods packed into their lunchboxes
   - This includes, but is not limited to, mixed nuts, raw nuts, nutella and peanut butter
   - The school does have an area for eating nuts. This area is separate to the general eating area. Students are required to eat in the nut zone if they have any type of nuts in their lunchbox.
5. **Student awareness**
- Each year, all students without severe allergies to foods that are known allergens to certain students, will be exposed to, and made aware of, foods that are known allergens to certain students.
- Each year, all students will receive learning experiences about allergies in general, in an attempt to raise awareness of the signs and symptoms of Allergic reactions.
- The above needs to be conducted with direct consent and support from those parents whose children have severe allergies.
- Students will, at least 2 times per term, be spoken to in relation to the allergies of students, by way of parade notices and class or whole school lessons as necessary to maintain a high level of awareness within our school community.

6. **Staff training & Awareness**
- Each year, an anaphylaxis awareness training session will be conducted and be available to all staff.
- This training will include the correct way to administer an Epi Pen, as well as awareness raising of anaphylaxis itself.
- All staff will be required to read and sign an ‘Anaphylaxis Procedures Awareness Register’ to indicate their understanding of, and willingness to, adhere to the procedures stated in the document.
- The school is a member of the Epi Club. This means that staff have access to up to date information about anaphylaxis and that a reminder will be sent when stored Epi Pens expire.

7. **Curriculum activities**
- All curriculum activities or learning experiences involving food must be endorsed by the Principal prior to the activity taking place.
- If the activity is to take place for the class in which a student with a known allergy to certain foods, the parent of that student needs to be made aware of the learning experience with at least 5 working days notice.
  1. This is to provide those parents with the opportunity to either be present when the activity is taking place, or,
  2. To speak to the teacher conducting the curriculum activity so that full disclosure regarding the activity can take place with a view to explain the activity in full, the ingredients being used and the methods being utilised.
- All foods being used in curriculum activities are to be free of nuts.
- Teachers using food for curriculum activities must consider the following:
  1. If in the ingredient list a specific nut is listed, that particular food item cannot be used.
  2. If the packet states ‘May contain traces of nuts,’ but in the ingredient list no specific nut is listed, it may be used.
8. **Active After School Communities**
   - Food available to students during this activity needs to be discussed and planned with the parents of students with known allergies to certain foods

9. **Classroom Resources**
   - All classroom resources are to be stored in only new storage containers i.e. no recycled food containers to be used e.g. peanut butter jars, mixed nut jars.
   - The principal is able to use discretion when making decisions regarding what type of boxes can used in the classroom for curriculum use and which are prohibited. Food packaging boxes that haven’t had direct contact with food are allowed (most foods packaged in boxes are also packaged within an inner plastic bag or similar- such as cereal).

**Useful websites:**

Ana Pen

Epi Pen

Education Queensland

Anaphylaxis Australia
www.allergyfacts.org.au

Action Plans
http://www.allergy.org.au/content/view/10/3/